

Your checklist to ensure optimal advance care planning discussions

As a care manager, you can play an important role in discussing and explaining the 5 essential steps in the advance care planning journey with your patients. Throughout this process, make sure that your patients have:

- ✓ Received the corresponding educational resources
- ✓ Understood what an advance care plan is and why it's important
- ✓ Thought about their values, wishes, and healthcare instructions
- ✓ Started conversations around advance care planning with their doctors, healthcare team, and loved ones
- ✓ Identified a proper healthcare decision maker
- ✓ Shared their advance care plan with their family, healthcare team, and other important people

Using the 5 steps to guide the conversation, you can empower your patients to create an advance care plan so they can make their healthcare choices known should they become unable to speak for themselves.



The information in this guide should not replace the directions and advice of the healthcare provider.

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